



Product Specification Sheet

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Product Name: **Whole Sea Bass in Mediterranean Sauce (from Certified Aquacultures)**

Item Number: _____ **Country of Origin:** **Mediterranean Sea Aqua culture**

Shelf Life Unopened/Opened: 18 months/ 48 hours

Unit Net Weight: **225g** **GPC description:** Fish – (Frozen)

Weight tolerance of portion: _____

Unit barcode/Carton Barcode: 5206754003143/95206754003146

Product Images



Product Properties

Product Description: two (2) whole Sea Bass fillets in Mediterranean Sauce inside cooking bag (ready to cook)

Ingredient Statement:

Aquaculture sea bass (*Dicentrarchus labrax* from Greece) 83%, extra virgin olive oil 6%, natural lemon juice 4%, white wine 4% (contains sulphite), lemon zest, oregano, salt, pepper.

Kosher (Y/N; type) NO

GMO Free (Y/N) YES

Organic (Y/N; type) NO

Vegan NO

High Protein YES

Skin YES

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Physical Properties:

Color	white fish with yellow sauce
Aroma & Flavor	Sweet, fishy, no off flavours, citrus odor
Texture	Fish meat with compact structure
Bones	Bones are removed, PBO*
Packaging	in plastic film / individually vacuumed in cooking bag / carton box

*According to Standard Codex Alimentarius: Less than one bone per kg of Product greater or equal to 10mm in length, or greater or equal to 1 mm in diameter; a bone less than or equal to 5 mm in length, is not considered a defect if its diameter is not more than 2 mm. The foot of a bone (where it has been attached to the vertebra) shall be disregarded if its width is less than or equal to 2 mm, or if it can easily be stripped off with a fingernail.

Packaging – Pallet Dimensions & Temperature

Case Dimensions (cm/in):	H12,7X38,5LX28,5W	Case Gross Weight:	n/a	n/a
Pallet Dimensions (cm/in):	120L X 80W X 14.4H	Case net WT:	1.35Kg	
Cases Per Pallet:	n/a	Pallet Gross WT	n/a	
Unit weight:	225gr	Cases/layer:	n/a	
Pallet Net WT:	n/a	Total units/pallet:	n/a	
Units/carton box:	6	Storage Practice:	Store unopened in freezer	
Units/ layer:	n/a	Shipping/ storage Temperature:	-18 °C	

Nutritional Facts

Serving Size: (As listed on Label)	225g
Servings Per Container:	1

Per 100g

Calories (Kcal):	177Kcal /739KJ
Total Fat (g):	12.7
Saturated Fat (g):	2.8
Total Carbohydrate (g):	0.2
Of which Sugars (g):	<0.1
Protein (g):	15.4
Salt (g)	0.63

Allergens List

<i>Components</i>	<i>Present in Product</i>	<i>Present in Other Products Manufactured on the Same Line</i>	<i>Present in the Same Manufacturing Plant</i>
Fish	YES	YES	YES
Shellfish	NO	YES	YES
Wheat (Gluten)	NO	YES	NO
Sulfites	YES	NO	YES

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What makes this product unique

This unique recipe is not only convenient and easy to make, but is full of summer flavor! The cooking bag preserves all the nutrients and juices of the fish, lemon and oregano, so that when you open it, its flavors are mouthwatering!

- ✓ 34.7g of **protein per serving**
- ✓ 100% high quality fillet with **delicate, light sauce**
- ✓ **Free from preservatives**, flavor enhancers or colorants
- ✓ Cooking bag includes two whole fillets
- ✓ Serving Suggestions: in oven (22-25') or microwave (5') from frozen

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Select FISH S.A has been established in 1995, in Athens, Greece as an integrated company for the import, processing, manufacturing, preservation, distribution, and export of both international and domestic fish products. It has since become one of Balkan's foremost leaders in the fields of fresh and frozen fish, as well as precooked fish meals. Committed to meeting modern industry standards and guided by the global clientele's unwavering trust, "Select FISH S.A" has consistently delivered quality products at competitive prices, always underscored by a sense of responsibility and an unwavering commitment to consistency.

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